

Rebuilding lives with homes and jobs since 1986 ■

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Help Heroes...Stories of Lives Regained

HELP USA



Building Better Lives
www.helpusa.org

HELP USA

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New

Life

Carl, War Veteran

HELP Las Vegas
Permanent residence for war veterans

HELP

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I went through a tough divorce when I returned from duty. It was hard to find a job and deal with my medical problems at the same time. Everything fell apart for me.

When I arrived at HELP, the staff made me feel like I was really home. They helped me **believe in myself again.**

Yvonne

Veteran, Iraq
HELP Transitional Residence
Brooklyn, New York

When I first returned from a tour in Iraq, everything seemed strange.

Changed.

I no longer felt like I belonged in my own home.

The demons I thought I left on the front lines, were **everywhere I went. Waiting for me.**

Carter

Veteran, Iraq War
Resident, HELP Suffolk

HELP

HEROES

I started drinking at age twelve. Many people would have concluded that my life was doomed from the start. I have proven all pessimists, including myself, wrong with the support of **HELP USA.**

I moved to Las Vegas during my early childhood. Surrounded by horrible influences and lack of parental supervision, I had many drug related problems at a young age.

I joined the army in 1970. After being horribly injured and forced to continue my service for eight painful years, I finally returned home in 1978 and became a chef.

Las Vegas had changed dramatically upon my return from Vietnam. The lively city had become more energetic, popular, and expensive. Instead of saving my money from my cooking career and trying to resolve my past troubles, I retired from my career and allowed my issues to worsen. Moving in and out of rehab was not how I imagined my adult life. Right when I was about to lose all hope, a friend gave me the phone number to HELP USA. When I entered HELP USA's doors, I knew that this place was different. I saw **shelter, recovery, and hope for a new life- all in one place.**

I was able to change my life dramatically with the support of HELP USA. I have learned to put the past in the past and look toward the future: recovery and success through the extensive programs here at HELP.

Veteran

HELP Las Vegas

I loved nothing more than my independence and strength as a radar operator in the military. When I returned from services, it was hard to cope and I relied on my family until the death of my mother. With her passing, I was left to care for my siblings, emotionally and financially. It was just too much for me and **I fell into a downward spiral.**

I used drugs and alcohol to cope with my anger and sadness until HELP USA found me. I have been here at HELP Las Vegas with other veterans, for 10 years now, and I am not sure where I would be without these supportive services and fabulous staff members.

I have been able to put my life into perspective and back on track with the aid of HELP USA and its staff. I used to tell myself that I couldn't do the things that I used to do and there was no hope for improvement. Living here has proven just the opposite: **I am more independent and stronger than ever before.**

Veteran

HELP Las Vegas